



Kripalu Yoga Weekend at the Kitzhof Inn
13th - 15th April 2012

Put Spring in your Soul !

\$ 198 per person includes:

- **Accommodations** (based on double occupancy)
- **Meals:** **2 breakfasts, 1 lunch, 2 dinners** (natural local products)
- **Yoga:** **Two 90 minute yoga sessions**, from beginner to advanced
- **Hike:** **Guided afternoon Hike**
- **Amenities:** **Hot Tub, Reading Area, Gardens, BYOB Bar & TV Lounge**
- **Extras:** **Maple Syrup Film & Tasting, Movies**
- **Massage:** **Available at your own expense**

Rate for Single Occupancy - \$240

Rate for Triple Occupancy - \$179/per person

Kitzhof Inn, 332 Route 100, West Dover, Vermont 05356
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www.kitzhof.com – info@kitzhof.com